



# GRIEF AND LOSS

## HEALING HEARTS

Grief may arrive in excruciating increments, like a dripping faucet. Or in a sudden, deafening explosion. Your loved one may have died. Or you may have suffered the loss of a job, a marriage, your health or your home. How shall we respond when our tidy lives crumble to dust? What if the new loss was expected or "minor," but it has triggered grief that seems out of proportion? Jesus said, "blessed are those who mourn, for they shall be comforted." Come join us to receive that comfort.

Days of healing from grief are offered at Mercy Center on a regular basis, and this winter we are offering one for the first time at the end of the Christmas season. The holidays are inevitably hard for mourners, and winter weather conditions can make things worse. Come join us for Epiphany. It will be a day apart, a day of warmth and comfort and companionship. Set aside your frozen smile and open your aching heart.

Cost: \$35 (suggested donation)

### REGISTRATION FORM Healing of Grief & Loss - January 6, 2018

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Email: \_\_\_\_\_ Credit Card \_\_\_\_\_  
\_\_\_\_\_ Visa \_\_\_\_\_ Mastercard Exp. Date \_\_\_\_\_

Cost: \$35 (suggested donation)



Mail with deposit to: **Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603 • 530-887-2019**  
*Additional Grief & Loss Retreat Days will be offered Mar 24, May 5, & Nov 10; please call for registration information.*