

# Your Balance, Your Peace

## FINDING CONTENTMENT IN THE RHYTHM OF YOUR LIFE

*facilitated by*

**CHRISTINE JURISICH** is a retreat facilitator, author of "Retreat, Reflect, Renew: A Sacred Journal for A More Peaceful You", and foundress of Retreat, Reflect, Renew, a retreat ministry offering day and online retreats. Christine has been in pastoral ministry locally and nationally for the past ten years, is a staff member for the Sacred Journey Discernment program at Mercy Burlingame, and in formation to be a spiritual director.

Learn more at [www.RetreatReflectRenew.org](http://www.RetreatReflectRenew.org)

**SEPTEMBER 15, 2018**

9:00am to 3:00pm - \$35 (*includes lunch*)

"Love God with all your heart, soul, strength and mind and love your neighbor as yourself." This is our inspiration for a balanced life. Not a perfect balance, not the balance you see on TV or the movies, not the balance someone else has. This is about finding your balance and your rhythm that is grounded in how God is calling you to live a more loving, peaceful, grace-filled life. Enjoy a day filled with prayer, music, quiet time, sharing and reflecting on how to find the rhythm of your life.

### REGISTRATION

YOUR BALANCE, YOUR PEACE - SEPTEMBER 15, 2018

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Credit Card # \_\_\_\_\_

\_\_\_ Visa \_\_\_ Mastercard \_\_\_ Amex Exp. Date \_\_\_\_\_ CID \_\_\_\_\_

\$35 (*includes lunch*)



Mail with deposit to: **Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603** ▪ 530-887-2019  
You may also call with a credit card number or register online at [www.mercycenter.org](http://www.mercycenter.org)